

# How to Write SMART Goals

## S: Specific

In order for a goal to be effective, it needs to be specific. A specific goal answers questions like:

- What needs to be accomplished?
- Who's responsible for it?
- What steps need to be taken to achieve it?

## M: Measurable

Specificity is a solid start, but quantifying your goals (that is, making sure they're measurable) makes it easier to track progress and know when you've reached the finish line.

## A: Achievable

This is the point in the process when you give yourself a serious reality check. Goals should be realistic – *not* pedestals from which you inevitably tumble. Ask yourself: is your objective something your team can reasonably accomplish?

## R: Relevant

Here's where you need to think about the big picture. Why are you setting the goal that you're setting?

## T: Time-bound

To properly measure success, you and your team need to be on the same page about when a goal has been reached. What's your time horizon? When will the team start creating and implementing the tasks they've identified? When will they finish?

SMART goals should have time-related parameters built in, so everybody knows how to stay on track within a designated time frame.

## 2025 Fall Fortnite League Goals

Name: \_\_\_\_\_

Team: \_\_\_\_\_

Team Goal:

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Habit(s):

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Individual Goal 1:

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Habit(s):

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Individual Goal 2:

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Habit(s):

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Individual Goal 3:

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Habit(s):

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